2023年6月6日 星期二 责编:曾嘉 王妙妙 美编:许明 照排:余佳维 审读:邱立波

My Day

★ I get up at 6:30 every day. Then, I wash my face and brush my teeth. I always have bread and milk for breakfast. I go to school on foot at 7:00. My school is not far away from my home. And I think walking is good exercise. I have seven classes from Mondays to Fridays. The first class begins at 8:00. School is over at 4:30. After school, I often play with my friends in the park near my home. I eat dinner with my family at 7:00. After dinner, I usually watch TV for a while and then I do my homework. I usually finish my homework before 9: 00. I take a shower before I go to bed.

> This is my day, what about you? 鄞州区德培小学507班 葛晟皓(证号2306466) 指导老师 徐旭珍

★ This is my day. I get up at 6: 30a.m. Then I eat breakfast.at 7:05 a. m. I always go to school at 7:20 a.m. Classes start at 8 o' clock. I have lunch at school. In the afternoon, classes start at 1 o' clock. I go home at 5 o' clock. I usually do homework at 5:30 p.m. I eat dinner at 6:15 p.m. I often go for a walk at 7:30 p.m. Sometimes I do housework. I go to bed at 9 o' clock. It's a busy day.

鄞州区横溪镇中心小学501班 俞铠滨(证号2307686) 指导老师 刘乙蓉

My Favourite

Season

慈溪润德小学教育集团501班 朱子珹(证号2320123) 指导老师 施亚群

My favourite season is spring. It is very pretty.

The weather is always warm and sunny. The bees and butterflies sing songs. They are happy. The pretty flowers and small grass are everywhere. The small trees grow. I can go on a picnic and fly a kite. Sometimes I can plant trees. I often go fishing, too.

I like spring best, What about you?



Mother's diet meal

余姚市长安小学204班 姚佳希(证号2316578) 指导老师 周卓颖



Lily

余姚市长安小学206班 罗紫瑜(证号2316582) 指导老师 柳青青

Egg King

海曙区高桥镇宋家漕小学503班何皓辰(证号2320006) 指导老师 董金儿

Today is the annual Summer Festival. Our Songjiacao Primary School held a class egg fighting competition, and our class is no exception.

Teacher Xu first grouped us according to the type of eggs, and then announced the rules for this year's egg competition: after grouping, we are required to conduct the first round of auditions: table mates or front and back egg fights, and the two most powerful eggs in the group will advance to the Egg King Competition. At the command of Teacher Xu, I first competed with Wang Miaotong for supremacy. Unexpectedly, as soon as the two eggs had close contact, I heard a "click" sound, and my heroic sacrifice was made.

Victory is not arrogant, defeat is not discouraged.

I took out the second black bone egg - the second round of egg fighting began, and I finally won the "Egg King" after five levels and six generals.

The Messenger of Culture

高新区实验学校新晖校区402班 姜赫暄(证号2332100) 指导老师 丁科蒙

There are three cute mascots in the 19th Asian Games. My favorite one is the yellow little robot wearing the Liangzhu symbol on its head. His name is Congcong, derived from the representative cultural relic Yucong unearthed from the Liangzhu Ancient City Site.

My love for him comes from my love for the culture of my motherland. I was shocked when I first learned about Liangzhu culture. t's amazing that our ancestors created such a great civilization on this land about 5000 years ago. They were hardworking, brave, intelligent, and passionate about life.

I believe that Congcong will spread our culture to the world. Everyone sees his smile will be inspired and moved.

A Nice Trip

鄞州区德培小学604班 舒诗云(证号2306474) 指导老师 朱意娜

I went to Hangzhou with my parents by train. In the morning, we went to the West Lake. The West Lake was so beautiful. We rowed a boat on the lake. Then we went to Taiziwan Park on foot. We rode bikes. It was a hot day. The sun was shining in the sky. We felt hot and hungry. We sat under a big tree and had our lunch. We had bread, water and some fruit. My father saw some fish in the water. So we fed the fish with bread. More and more fish swam to us. We fed them. In the afternoon, we went to Lingyin Temple and a museum. Then we stayed in the hotel. I did my homework and read a book. In the evening, we ate some delicious food, went for a walk and bought some gifts Then we went to my hotel and I watched TV with my father. We felt very happy that day.

A Letter

宁波前湾慈吉外国语学校双语4A班徐子晴(证号2319417) 指导老师 陈艳姣

12th April 2023 Dear Hans:

Did you have a wonderful time in Shanghai? Do you want to visit Cixi? I have a plan for you.

First, you will meet my father at the hotel. He will pick you up from the hotel at quarter to nine in the morning. Then, the happy trip will begin. I will take you to Minghe water town, you can buy snacks like sweet! This sweet is beautiful, someone can use the sugar to draw beautiful pictures, some like a tiger some like a bee and some are writings. It's a sugar painting. You can also buy some tea and drinks. WOW, so cool.

Then you will take a boat ride on Shanglin lake. You can look at the view too. The sky is blue as the lake, you will think it is a peaceful place.

Finally, you will also go to the Shanglin Lake Yue kiln museum. You can see some exhibits, it is old and nice, you will like it. You can make a bowl by yourself! First, you will take some clay, put it in a machine, hold the clay and then it will become a bowl, then you will choose the color and color it too.

That's all for now .Take care. Cheers, Annie.

A Tour to Xi'an

宁波前湾慈吉外国语学校双语 4A班 俞悦(证号 2319418) 指导老师 陈艳娇

I'm very happy to go to Xi'an. I think it will be fun.

In the morning, I will go to the Bell Tower, it is big. Next, I want to go the Big Wild Goose Pogoda. I think it will be very beautiful! Then I will also visit the Emperor Qin's terracotta warriors and horses. I am so excited according to the name. After that, I'll eat the famous Chinese hamburger and the oil splash noodles. They'll be so yummy and taste great. Finally I will eat the bean jelly, I think it very delicious. I can't wait and I wish I was already there.

I think my holiday will be very nice and interesting!

A Math Test

鄞州区德培小学507班 梅宇轩(证号2306467) 指导老师 徐旭珍

On April 2nd. I had a math test. I studied for a long time before the test, so I was very confident.

On that day, I walked into the classroom. First, I previewed the paper. The questions were too hard ! I was shocked that I couldn't write the the answers .

Then, I wrote some easy questions, left three hard questions. Suddenly, I remembered the answers! I was thrilled. Because I wrote all answers.

Finally, I got 95 points. I was relived. And I knew a reason: no cross, no crown!

My Holiday Plan

鄞州区五乡镇贵玉小学603班 张思思(证号2300904) 指导老师 朱玉叶

Hi, I am Lucky. May day is coming. Do you have any holiday plan? Where do you want to go over this holiday? Stay at home or go on a trip?

I think it will be boring to stay at home. We should go out and enjoy the holiday. So my family are going to SiMing Mountain. We will stay there for one night. It won't be so crowed in the mountain and we can be close to the nature.

The air in the mountain is so clean and the sky is blue. There are so many beautiful flowers and green tall trees in the mountain. I will collect different leaves from trees and grass. I will see many little insects. That will be a lot of fun. I will wash my feet in the stream and take many photos. It will be so cool.

The hotel in the mountain is SiMing Hotel. My dad told me the hotel is big but a little old, but we can swim inside and we will have an afternoon tea.

Oh, I can't wait. What is your holiday plan? Do you want to go out or stay at home, maybe we chat and share together.

Rabbit

高新区信懋小学303班 焦天宇(证号2313105) 指导老师 付平

Hello, everybody. My name is Jiao Tianyu. My English name is Leo. This year, my mother gave me a rabbit as a gift. I like it very much. It's so cute. It has two long ears and two red eyes and a short tail. It has white fur. It likes eating cabbage but doesn't like carrots. I often feed it. Do you like it?

My Family

镇海区炼化小学401班 包贝尔(证号2311881) 指导老师 虞红

I have a happy family. Look! This is my father. He's tall and strong. He has short hair and wears black glasses. He is a football player. And this is my mother. She's tall and thin. She has long hair and big eyes. What about my little sister? She is short but cute. We often play together. I like her very much.

I love my family!