



# My Space-time Adventure

镇海区鲲池小学406班  
贺禹昆(证号2311962)  
指导老师 许嘉威

I have an amazing invention—time capsule. I am traveling in it to the universe.

Suddenly I get into a black hole. The black hole sends me to the Arctic Ocean one million years later. And I meet some superboys and supergirls. We become good friends. Learning a lot of skills from them, I become a great magician.

All of a sudden, my time capsule grows larger and sends me back to the black hole again. The black hole is now a super, super big swimming pool. I swim and swim, just can't get out. After a whole one million years swimming, I find a light, and climb through it. The end of the light turns out to be Mars.

At that time, the Earth will soon be destroyed. With my big capsule, I send all the human beings to Mars and establish a lot of farms on Mars by my magic.

Now all of us from Earth can survive here!

## My Hangzhou Asian Games Menu

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指导老师 高丹丹

If you're a foreigner and looking for some unique and delicious dishes to try in Ningbo or Chinese cuisine, look no further! Here are some recommendations to help you make the most of your dining experience.

**Dongpo Pork Belly**

Dongpo pork belly is another popular dish of Ningbo cuisine. The pork belly is simmered in a broth made from a combination of pork bones, spices, and vegetables, resulting in a rich and flavorful dish. It is often served with steamed buns or rice.

**Beijing Roast Duck**

Although it's not specifically from Ningbo, Beijing roast duck is a must-try dish when visiting China. The duck is roasted in an oven or rotisserie, with the skin crisped and meat moist and tender. It is often served with pancakes, scallions, and hoisin sauce.

**Mala Hot Pot**

Mala hot pot is a popular Chinese dish where meat, seafood, and vegetables are cooked in a spicy broth made from a combination of chili oil, Sichuan peppercorns, and various spices. The dish is characterized by its spicy, pungent, and numbing flavors. It is often enjoyed as a group activity, as it can be difficult to handle the spiciness alone.

These are just a few recommendations of what to try in Ningbo and Chinese cuisine. There are many other delicious dishes to explore, so don't be shy to try new things or ask your server for suggestions. Enjoy the local flavors and make memories that last a lifetime!



## My School

鄞州区华泰小学西校区504班  
张旗津(证号2307472)  
指导老师 叶秀平

Hi, everyone. Stepping onto the most beautiful path to school, the roadside displays the school motto and students' demeanor. You can visit my school as you enter the school gate. My school is small but amazing. It is Huatai primary school.

There are a tall and big teaching building in my school. It has five floors in the teaching building. There is a piano in the hall on the first floor. The music room is on the third floors. My classroom is on the fourth floor. I am in Class 4, Grade 5. Behind the teaching building, there is an ecological garden managed by Grandpa Dong. In addition to many beautiful flowers and trees. There are also animals made from waste in the garden. The playground is in the southeast corner of the school. So many students are running on the playground.

I like it very much! Do you like it? What about your school?

## The Three-body

鄞州区德培小学607班  
冯常城(证号2331575)  
指导老师 徐旭珍

There was a famous science fiction in China. It's the Three-body. The writer is Liu Cixin. And it won the Hugo Award. This is the highest international award for science fiction. The Three-body divided into Earth Past, Dark Forest and Dead End. The Three-body is about the rise and fall of Earth civilization and Three-body civilization. It's very meaningful and interesting. I like it very much. The Three-body was also made into a TV series and a movie. I hope you can have a watch.

## Futureworld

鄞州区姜山镇茅山小学603班  
毛馨诺(证号2308012)

## Hangzhou-The host city

高新区实验学校  
新晖校区502班  
樊雨昕(证号2309349)  
指导老师 丁科蒙

The 19th Asian Games will be held in Hangzhou in September 2023. There are 3 mascots for this game, They are Congcong, Lianlian and Chenchen. Here I want to introduce this beautiful host city to you according to these 3 mascots.

Hangzhou is the capital city of Zhejiang province, It's a beautiful and cultural city with long history. The mascots Congcong stands for the World Heritage Site of Liangzhu Ancient City. It's located in the north west of Hangzhou with about 5000 years history. Lianlian stands for the World Heritage Site of West Lake, Which is a famous beautiful lake of China with many romantic stories. Chenchen stands for the World Heritage Beijing Hangzhou Grand Canal. The Grand Canal is a link between the north and south of China, playing a very important role in the transmission of agriculture, economy, and culture between the south and north of China.

Beside the above 3 World Heritage Sites, Hangzhou has many other beautiful places like XIXI wetland park, Qiandao lake, Lingyin Temple and so on. Welcome to Asian Games! Welcome to Hangzhou!

## My Favourite Mascot

奉化区居敬小学407班  
林卓幸(证号2315785)  
指导老师 王颖敏

One day, my mother gave me a big birthday gift! Wow! Three mascots of the 19th Asian Games Hangzhou! They are Chenchen, Congcong and Lianlian. I like Chenchen best. It's my favourite mascot! Because I like blue. It has a blue body. It has the Qianjiang River tide above his head. Its forehead is added with the pattern of Gongchen Bridge.

When I get up, Chenchen gets up. When I go to bed, Chenchen falls asleep with me. Chenchen is my best friend now.

My father told me that Chenchen's name is from the Gongchen Bridge in Hangzhou. Marco Polo had visited Hangzhou. He had recommended the Gongchen Bridge in his book. More and more people of the world became interested in Hangzhou, China.

I had go to Hangzhou with Chenchen this summer. Chenchen is such a lively and dynamic robot! Let's meet and play them in Hangzhou, China!

## My Family

宁波大学附属学校小学部608班  
陆子祺(证号2300478)

I have a big family. There are my father, mother, brother and me. This is my father. He is short and fat. He gets up at eleven o'clock. It's too late. And this is my mother. She is short but beautiful. She can cook nice food. It's delicious. Look! My brother is over there. He is fat too. He is watching TV now. What a nice family!

## My Dream

鄞州区惠风书院408班  
黄慕梓(证号2303546)  
指导老师 陈惠珍

What do you want to be when you grow up? I want to be an actress. Being an actress is interesting and I can have rich experience.

If I want to be a lawyer, I can act as a lawyer; if I want to wear ancient costumes, I can play the ancient costume drama; If I want to have the ability of Kung fu, I can perform the drama. If I want to taste delicious food, I can take part in the shows for food.....

Although it's hard for me to be an actress now, I will still work hard. I want to be proud of myself.

## My Favourite Season

宁波大学青藤书院小学部403班  
张城瑞(证号2300800)  
指导老师 庄蓉蓉

Summer is my favourite season. Because summer is not cold. I can wear T-shirts and mosquito proof pants in summer. Summer is very hot. We can go swimming at the swimming pool and catch fish in the stream. I can eat icecream too.

In summer, there are lots of fruits such as plums, watermelons, muskmelons, peaches, waxberries, grapes. I like eating all these fruits.

Oh, how I love the summer!